

We See You: Trauma Informed Care for LGBTQIA and Youth of Color

Resource Packet: Resource List

Organizations and Resources:

- Racial Equity Tools Glossary (<https://www.racialequitytools.org/glossary#>)
- The BIPOC Project (<https://www.thebipocproject.org/>) aims to build authentic and lasting solidarity among Black, Indigenous and People of Color in order to undo Native invisibility, anti-Blackness, dismantle white supremacy and advance racial justice.
- Indigenous Story Studio (<https://istorstudio.com/>) creates illustrations, posters, video and comic books on health and social issues for youth
- WeRNative (<https://www.wernative.org/>) is a comprehensive health resource for Native youth by Native youth, promoting health and positive growth in local communities and nation at large
 - [Identity and Native Pride](#)
 - [LGBTQ and Two Spirit](#)
- Northwest Portland Area Indian Health Board (<http://www.npaihb.org/2slgbtq/>) Two Spirit and LGBTQ Health page with resources for youth, providers and allies
 - [Celebrating Our Magic: Resources for American Indian/Alaska Native transgender and TwoSpirit youth, their relatives and families, and their healthcare providers](#)
- Mental Health America: Native and Indigenous Communities and Mental Health (<https://www.mhanational.org/issues/native-and-indigenous-communities-and-mental-health>) Collection of key information, statistics and resources
- The Trevor Project (<https://www.thetrevorproject.org/>) offers 24/7 support for LGBTQ+ youth via phone, text and chat
 - [Resources for youth, families and providers](#)
- GLSEN Erasure and Resilience: The Experiences of LGBTQ Students of Color report and webinar series
 - [Native and Indigenous LGBTQ Youth in US Schools](#)
 - [Black LGBTQ Youth in US Schools](#)
 - [Latinx LGBTQ Youth in US Schools](#)
 - [Asian American and Pacific Islander LGBTQ Youth in US Schools](#)
- Family Acceptance Project (<http://familyproject.sfsu.edu>) Resources and education for families and providers, research on impact of family rejection on youth

- [Supportive Families, Healthy Children](#) family education booklets in English, Spanish and Chinese
- [Poster Campaign](#) downloadable posters and info sheets highlighting affirming and rejecting caregiver behaviors
- PFLAG (<http://www.pflag.org>) Organization providing support and education for families and allies of LGBTQ+ individuals
 - [Find a local chapter](#)
- SAMHSA Helping Families to Support their LGBT Children (<https://store.samhsa.gov/shin/content/PEP14-LGBTKIDS/PEP14-LGBTKIDS.pdf>)

Suggested Articles:

- Encouraging Meaningful Conversations about Race and Trauma by Victoria Dawson, Mindful, <https://www.mindful.org/encouraging-meaningful-conversations-about-race-and-trauma/>
- 75 Things White People Can Do for Racial Justice by Corrine Shutack, Medium, <https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>
- Why the term BIPOC is so complicated by Constance Grady, Vox, <https://www.vox.com/2020/6/30/21300294/bipoc-what-does-it-mean-critical-race-linguistics-jonathan-rosa-deandra-miles-hercules>

Suggested Books:

- So You Want to Talk About Race? by Ijemo Oluo
- Me and White Supremacy by Layla Saad
- This Book is Anti-Racist by Tiffany Jewell, Illustrated by Aurelia Durand (great for middle school age and up)
- Sex is a Funny Word: A Book About Bodies, Feelings and You by Cory Silverberg, Illustrated by Fiona Symth (great for elementary school age and up)
- Counseling Transgender and Non-Binary Youth, The Essential Guide by Irwin Krieger
- How to Be an Anti-Racist by Ibrahim X. Kendi