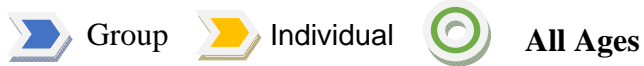


Timeline

Used For: Trauma Narrative

Technique can be used in:



Supplies Needed:

- Large pieces of paper
- Markers, pens, crayons, etc.
- Magazine, pictures, drawings
- May use yarn to connect the events

Detailed Description:

Help the child create a timeline of their life by having them identify any significant events in their life including their trauma. The Trauma section should include:

- First Time
- Worst Time
- Last Time
- Going to Counseling
- Room for the Future

Put the events on the timeline sequentially and place them by significance. So a really positive event would be placed close to the top of the paper, a very negative event

would be placed at the bottom of the paper. Events should be marked by pictures, drawings, etc. that represent that piece of their life.

