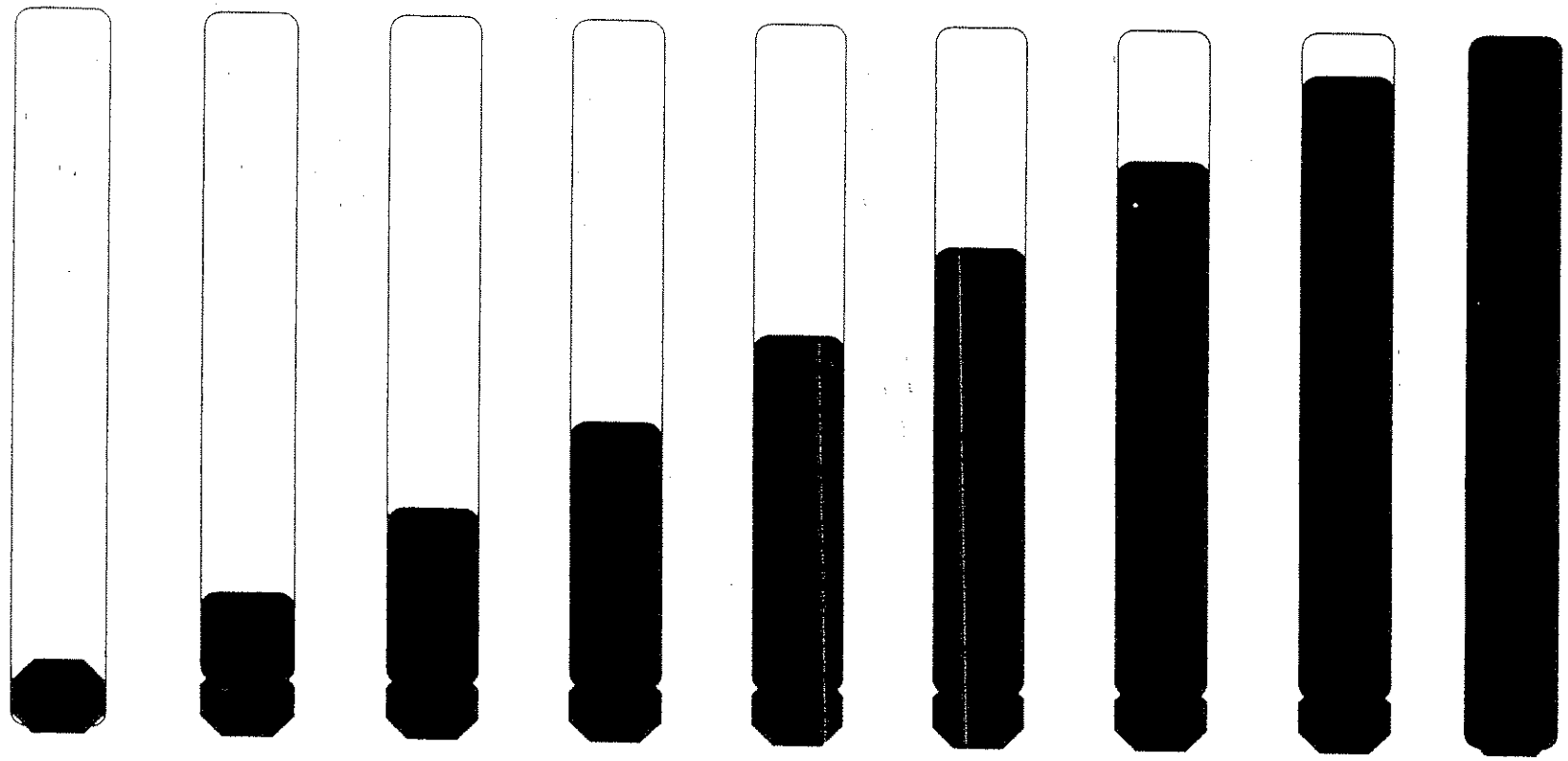
# Handout #5: Fear Thermometer



| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|---|---|---|---|---|---|---|---|---|
| NOT SCARED AT ALL | | A LITTLE BIT SCARED | | MODERATELY SCARED | | VERY SCARED | | AS SCARED AS YOU COULD BE |

EXAMPLES:

_____ _____ _____ _____ _____

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