



PAPER DOLLS AND PAPER AIRPLANES

WORKSHEET

FEELING FACES

Kids who have been sexually abused often have lots of mixed-up feelings inside. For each situation below, show how you feel by drawing a picture or by cutting out faces from the "Feeling Faces" picture sheet. Since people may experience more than one feeling at the same time, you can use more than one picture for each situation.

When I was sexually abused, I felt:

Whenever I thought about telling, I felt:

On the day that I told, I felt:

CHAPTER 3 - IDENTIFYING FEELINGS



Whenever I think about the abuse, I feel:

People who know what happened to me feel:

When I _____, I feel: