

CATS - Symptom Monitoring

In the past week, how often have you had the following:

	Never (0)	Once in a While (1)	Half the Time (2)	Almost Always (3)
1 Bad dreams related to a stressful event that feels like it is happening in a dream.	0	1	2	3
2 Acting or feeling as if the stressful event is happening right now.	0	1	2	3
3 Trying not to remember, talk about or have feelings about a stressful event.	0	1	2	3
4 Avoiding activities, people, places or things that remind you of a stressful event.	0	1	2	3
5 Being overly alert or on guard.	0	1	2	3
6 Being jumpy or easily startled.	0	1	2	3
				Total Score =
				Clinical Score = 4+